

Divergent Experiences of Bladder Cancer Patients: A Focus on Advanced and Metastatic Disease Stages



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BACKGROUND

Bladder cancer patients encounter a diverse range of challenges across different stages of diagnosis and treatment. This study investigated the specific experiences of patients with advanced or metastatic bladder cancer, highlighting the disparities in diagnosis, treatment accessibility, psychological impact, and quality of life.

METHODS

A comprehensive survey consisting of 65 questions was administered by the World Bladder Cancer Patient Coalition and Quality Health, an IQVIA business, from October 2021 to February 2022 and was disseminated online in Arabic, English, French, Hindi, Italian, Japanese, Norwegian, Polish, Portuguese, Russian, and Spanish.

Data were extracted from the World Bladder Cancer Patient Coalition Survey, focusing on responses from patients across different stages of bladder cancer, with a particular emphasis on patients with advanced/metastatic disease. Variables analysed include time to diagnosis, treatment modalities and side effects, financial impact, support systems, and expectations for the future.

Our survey was distributed online, via social media and patient support organisations. While stage distribution and sociodemographic characteristics in this cohort reflect real- world bladder cancer patients, there may be disproportionately represented patient populations. The online nature of the survey means that older people, people without internet access, and disabled people may have been excluded. There were few responses from low- and middle-income countries.

RESPONDENT CHARACTERISTICS Respondents came from a total of 45 countries Percentage of respondents by geographic area: City or urban area including suburbs Graph Indian (17) Dischard States of (150) Australia (17) Dischard Australia (17) Dischard States of (150) Dischar

RESULTS

People with advanced/metastatic bladder cancer face challenges in diagnosis and understanding their condition. Key findings include:

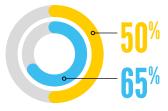
Delay in seeing a doctor



48% of patients with metastatic bladder cancer who delayed seeing a doctor did so because they did not think their symptoms were serious.

Compared to 33% of patients with non-muscle invasive bladder cancer.

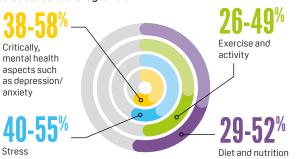
How diagnosis communicated

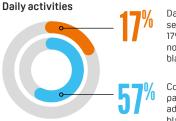


Only 50% felt the diagnosis was communicated in a way that was completely understandable.

Compared to 65% of patients with non-muscle invasive

A lack of needed support was reported across all bladder cancer stages for:





Daily activities were severely impacted for 17% of patients with non-muscle invasive bladder cancer.

Compared to 57% of patients diagnosed with advanced/metastatic bladder cancer.

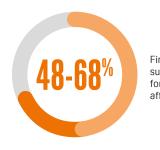
Living a full life post-diagnosis



Only 14% patients with advanced/metastatic bladder cancer felt they could live a full life post-diagnosis.

Compared to 39% of patients with non-muscle invasive bladder cancer.

Financial / Employment issues



Financial/employment issues support was insufficient for the majority of people affected by bladder cancer.

KEYWORDS

Bladder Cancer, Patient Experience, Advanced Cancer, Metastatic Cancer, Treatment Challenges, Quality of Life.

Scan the QR code to read the full report here.

BLADDER CANCER PATIENT GROUPS



CONCLUSION

The findings underscore the urgent need for tailored interventions to address the multifaceted challenges faced by patients with advanced/metastatic bladder cancer. Improving diagnostic pathways, expanding treatment options, enhancing patient support systems, and offering psychological counselling are critical to ameliorating the burden of this disease. Additionally, this study calls for further research into the experiences of this patient cohort to inform policy and practice in oncology care.

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